PFL Post-volunteering Form

Full name	
Gender	Female / Male
Age	☐13-16 ☐17-19 ☐ 20 -22 ☐23+
Date	

Volunteering has helped improved your employment and life skills (e.g. communication, time management & organisational skills)

5 4 3 2 1

Strongly agree Strongly disagree

Volunteering has improved your confidence working with others as part of a team

5 4 3 2 1

Strongly agree Strongly disagree

Volunteering has increased your contact with your local community

5 4 3 2 1

Strongly agree Strongly disagree

Volunteering has supported you to feel better connected to your community

5 4 3 2 1

Strongly agree Strongly disagree

Volunteering has made a positive difference

5 4 3 2 1

Strongly agree Strongly disagree

VOLUNTEERING MATTERS FOR YOUNG PEOPLE

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Volunteering has allowed you to meet new people and friends different culture groups and ages

5 4 3 2 1

Strongly agree Strongly disagree

Volunteering has made you think more about yourself and your personal development

5 4 3 2 1

Strongly agree Strongly disagree

Volunteering has supported your education or employment pathway

5 4 3 2 1

Strongly agree Strongly disagree

***Did you achieve your goal whilst volunteering?**

***What were your highlights of your volunteering experience?**

***What could have made it better?**

***What are your plans post volunteering?**

***Would you like to hear more about other volunteering and/or training opportunities?**

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