VOLUNTEERING MATTERS FOR YOUNG PEOPLE

PFL Volunteering Evaluation Form

Full name	
Gender	Female / Male
Age	☐13-16 ☐17-19 ☐ 20 -22 ☐23+
Date	

Have you developed or improved your life skills (e.g. communication, time management & organisational skills)

1 2 3 4 5

Strongly agree Neither agree or disagree Strongly disagree

Volunteering has helped improved your confidence and self-esteem

1 2 3 4 5

Strongly agree Neither agree or disagree Strongly disagree

Throughout volunteering you have made new positive friendships

1 2 3 4 5

Strongly agree Neither agree or disagree Strongly disagree

You know more people in the community and now consider and/or talk about things which matter (e.g current issues in the community, community cohesion)

1 2 3 4 5

Strongly agree Neither agree or disagree Strongly disagree

Volunteering has resulted in valuable experience

1 2 3 4 5

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Strongly agree Neither agree or disagree Strongly disagree

You are proud of what you have achieved as a volunteer?

1 2 3 4 5

Strongly agree Neither agree or disagree Strongly disagree

Volunteering helped you to feel better about yourself?

1 2 3 4 5

Strongly agree Neither agree or disagree Strongly disagree

You are happy with yourself and your development?

1 2 3 4 5

Strongly agree Neither agree or disagree Strongly disagree

Tell us 3 highlights of your volunteering experience:

What could have made it better?

What are your plans for the next 6 months?

_____

Would you like to hear more about volunteering opportunities? Yes/ No

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